



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ASHLAND YMCA POOL SCHEDULE March 2026

WEST POOL

Adult Open Swim

Monday-Friday

7:45 – 9:15 am **Open Swim w/ Class** 8:30 am

8:30 - 9:15 am **Open Swim and Class** (8 max please register)

9:15 - 10:00 am **Class Only** (20 max please register)

Family Open Swim

Monday

6:30 pm – 8:00 pm

Wednesday

6:00 - 6:45 pm

Thursday

5:00 - 8:00 pm

Friday

5:00 - 6:30 pm

Saturday

11:00a - 3:00 pm

Sunday

1:00 – 4:00 pm

RENTALS – The pool will be closed during the following Saturday & Sunday hours:

Sunday 3/1 3-4p

Saturday 3/7 2-3p

Sunday 3/8 3-4p

Saturday 3/14 2-3p

Saturday 3/21 2-3p

WATER FITNESS

WEST POOL

Monday, Wednesday,

Friday – Aquacise

8:30 - 9:15 am (8 participants)

9:15 - 10:00 am (20 participants)

Tuesday & Thursday –

Arthritis

8:30 - 9:15 am (8 participants)

9:15 - 10:00 am (20 participants)

Wednesdays-Aqua Zumba

6:45 - 7:30 pm

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EAST POOL

Lap Swimming ONLY

Monday – Friday

5:45 – 7:30 am

10:30 – 12:00 pm

Ashland City Schools will be using the pool starting at 12pm until 4/10/26

Monday – Thursday

3:00 – 8pm

Friday

3:00 – 6:30 pm

Saturday

7:30 – 11:00 am

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The East pool is for lap swimming only. Please move up and down the lanes continuously.

WEST POOL: 9 ft depth, 20 Yds, 4 Lanes 84 laps/mile

aquatics@ashlandy.org

EAST POOL: 10 ft deep, 25 Meters, 6 Lanes, 66 laps/mile



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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ASHLAND YMCA POOL SCHEDULE March 2026

WEST POOL

Adult Open Swim

Monday-Friday

7:45 – 9:15 am **Open Swim w/ Class** 8:30 am

8:30 - 9:15 am **Open Swim and Class** (8 max please register)

9:15 - 10:00 am **Class Only** (20 max please register)

Family Open Swim

Monday

6:30 pm – 8:00 pm

Wednesday

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Thursday

5:00 - 8:00 pm

Friday

5:00 - 6:30 pm

Saturday

11:00a - 3:00 pm

Sunday

1:00 – 4:00 pm

RENTALS – The pool will be closed during the following Saturday & Sunday hours:

Sunday 3/1 3-4p

Saturday 3/7 2-3p

Sunday 3/8 3-4p

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WATER FITNESS

WEST POOL

Monday, Wednesday,

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8:30 - 9:15 am (8 participants)

9:15 - 10:00 am (20 participants)

Tuesday & Thursday –

Arthritis

8:30 - 9:15 am (8 participants)

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6:45 - 7:30 pm

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Lap Swimming ONLY

Monday – Friday

5:45 – 7:30 am

10:30 – 12:00 pm

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Monday – Thursday

3:00 – 8pm

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aquatics@ashlandy.org

EAST POOL: 10 ft deep, 25 Meters, 6 Lanes, 66 laps/mile



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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

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7:45 – 9:15 am **Open Swim w/ Class** 8:30 am

8:30 - 9:15 am **Open Swim and Class** (8 max please register)

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5:00 - 6:30 pm

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11:00a - 3:00 pm

Sunday

1:00 – 4:00 pm

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9:15 - 10:00 am (20 participants)

Tuesday & Thursday –

Arthritis

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6:45 - 7:30 pm

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aquatics@ashlandy.org

EAST POOL: 10 ft deep, 25 Meters, 6 Lanes, 66 laps/mile



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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

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Monday-Friday

7:45 – 9:15 am **Open Swim w/ Class** 8:30 am

8:30 - 9:15 am **Open Swim and Class** (8 max please register)

9:15 - 10:00 am **Class Only** (20 max please register)

Family Open Swim

Monday

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5:00 - 6:30 pm

Saturday

11:00a - 3:00 pm

Sunday

1:00 – 4:00 pm

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Saturday 3/7 2-3p

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Monday, Wednesday,

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9:15 - 10:00 am (20 participants)

Tuesday & Thursday –

Arthritis

8:30 - 9:15 am (8 participants)

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6:45 - 7:30 pm

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10:30 – 12:00 pm

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WEST POOL: 9 ft depth, 20 Yds, 4 Lanes 84 laps/mile

aquatics@ashlandy.org

EAST POOL: 10 ft deep, 25 Meters, 6 Lanes, 66 laps/mile



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ASHLAND YMCA POOL SCHEDULE March 2026

WEST POOL

Adult Open Swim

Monday-Friday

7:45 – 9:15 am **Open Swim w/ Class** 8:30 am

8:30 - 9:15 am **Open Swim and Class** (8 max please register)

9:15 - 10:00 am **Class Only** (20 max please register)

Family Open Swim

Monday

6:30 pm – 8:00 pm

Wednesday

6:00 - 6:45 pm

Thursday

5:00 - 8:00 pm

Friday

5:00 - 6:30 pm

Saturday

11:00a - 3:00 pm

Sunday

1:00 – 4:00 pm

RENTALS – The pool will be closed during the following Saturday & Sunday hours:

Sunday 3/1 3-4p

Saturday 3/7 2-3p

Sunday 3/8 3-4p

Saturday 3/14 2-3p

Saturday 3/21 2-3p

WATER FITNESS

WEST POOL

Monday, Wednesday,

Friday – Aquacise

8:30 - 9:15 am (8 participants)

9:15 - 10:00 am (20 participants)

Tuesday & Thursday –

Arthritis

8:30 - 9:15 am (8 participants)

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Wednesdays-Aqua Zumba

6:45 - 7:30 pm

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EAST POOL

Lap Swimming ONLY

Monday – Friday

5:45 – 7:30 am

10:30 – 12:00 pm

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Monday – Thursday

3:00 – 8pm

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3:00 – 6:30 pm

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