



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ASHLAND YMCA POOL SCHEDULE April 2026

WEST POOL

Adult Open Swim

Monday-Friday

7:45 – 9:15 am **Open Swim w/ Class** 8:30 am

8:30 - 9:15 am **Open Swim and Class** (8 max please register)

9:15 - 10:00 am **Class Only** (20 max please register)

Family Open Swim

Monday

6:30 pm – 8:00 pm

Wednesday

6:00 - 6:45 pm

Thursday

5:00 - 8:00 pm

Friday

5:00 - 6:30 pm

Saturday

11:00a - 3:00 pm

Sunday

NO OPEN SWIM – Summer Hours

RENTALS – The pool will be closed during the following Saturday & Sunday hours:

Saturday 4/11 2-3p Saturday 4/25 2-3pm

WATER FITNESS

WEST POOL

Monday, Wednesday,

Friday – Aquacise

8:30 - 9:15 am (8 participants)

9:15 - 10:00 am (20 participants)

Tuesday & Thursday –

Arthritis

8:30 - 9:15 am (8 participants)

9:15 - 10:00 am (20 participants)

Wednesdays-Aqua Zumba

6:45 - 7:30 pm

***Class times and instructors are subject to change based on special swim programs and availability.**



Both pools will close due to thunder and lightning and will remain closed until safe to open.

The pool is subject to close due to rentals or lifeguard availability.

The capacity of the pool is limited to 25 patrons, if the capacity is reached, you may be asked to leave.

EAST POOL

Lap Swimming ONLY

Monday – Friday

5:45 – 7:30 am

10:30 – 12:00 pm

Ashland City Schools is still using the pool starting at 12pm until 4/10/26

1030-1230 after 4/10/26

Monday – Thursday

3:00 – 8pm

April 14, 15, 16 & 21, 22, 23 Open Swim will be from 3-630p due to a swim clinic for our ACES Team.

Friday

3:00 – 6:30 pm

Saturday

7:30 – 11:00 am

If pool closures can be avoided, they will be avoided at all costs.

Not all maintenance can be scheduled (ie: accidents in the pool that require chemical treatment).

The East pool is for lap swimming only. Please move up and down the lanes continuously.

WEST POOL: 9 ft depth, 20 Yds, 4 Lanes 84 laps/mile

aquatics@ashlandy.org

EAST POOL: 10 ft deep, 25 Meters, 6 Lanes, 66 laps/mile